

# Step Up to Democracy: Empowering Women to Lead and Inspire Change in Birmingham



Women across Birmingham are being invited to take part in a new programme designed to empower, educate, and provide personal development opportunities for those who want to play a bigger role in their communities. The Step Up to Democracy – Women’s Leadership Programme is an exciting initiative focused on equipping local women with essential leadership and advocacy skills, confidence-building tools, and a deeper understanding of the political and social frameworks that shape their lives. With a clear goal of fostering change from within the community, the programme offers training and support for women who want to grow as leaders, engage in local politics, and create initiatives that make a difference.

## About the Programme

The Step Up to Democracy programme is an opportunity for women aged 18-55, who have been residents of Birmingham for at least one year, to receive hands-on training in a range of skills essential for leadership. From confidence-building and public speaking to understanding equality, diversity and inclusion, data protection and safeguarding protocols, participants will gain practical knowledge that empowers them to make their voices heard and drive positive change.

## Participants will also have the chance to:



### Develop Leadership Skills

Build confidence, enhance communication abilities, and learn how to inspire and lead others.



### Create Lasting Community Impact

Through advocacy and political literacy training, participants will be better equipped to represent their communities and address inequalities.



### Network with Leaders

Engage with local leaders, build networks with fellow participants, and foster relationships that can help support their growth and development.



### Understand Political Frameworks

Learn about the regulations & guidance needed to set up community initiatives, including safeguarding, equality legislation & the political structures that influence decision-making.

## Personal Growth and Community Change

The programme is rooted in the belief that empowering women strengthens entire communities. By helping participants develop their leadership potential and providing them with the tools to set up initiatives in their communities, the Step Up to Democracy programme supports local women to make a real impact. It is an opportunity for personal development, but also for contributing to the wider community in meaningful ways.

## Programme Structure

The programme will take place over several months and will feature:

- **Experiential Learning:** Training sessions and workshops designed to build leadership, advocacy, and political skills.
- **Mentorship and Networking:** Opportunities to connect with local leaders and experienced mentors, as well as other women who are passionate about making a difference.
- **Interactive Training:** Hands-on learning in areas such as public speaking, digital skills, and safeguarding protocols.

Expression of Interest can be submitted from Monday 11th November 2024, closing date is Friday 20th December 2024, and the programme welcomes women from all backgrounds and experiences who are looking to grow and take on leadership roles in their communities. Information sessions will be held in November for those interested in learning more about the programme and how to get involved.

Women with special needs, learning difficulties, or disabilities are encouraged to apply, and adjustments can be made to ensure full participation. The deadline for applications is Friday 20th December 2024, and the programme will officially begin in January 2025.

## Join Us and Be Part of the Change



For more details about the programme or to submit an application, visit [www.saathihouse.org/step-up-to-democracy](http://www.saathihouse.org/step-up-to-democracy) or contact: [Nahidsaiyed10@outlook.com](mailto:Nahidsaiyed10@outlook.com)

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