



What's on: Sep-Dec 2024

Saathi House
49 Bevington Road
Aston B6 6HR
Nazia@saathihouse.org
www.saathihouse.org

Monday

9:30am -11:30am Creative English
9:30am-2:30pm Health & Social Care
10-11am Cricket
10:30am-12:30pm Healthy Vibes

Tuesday

9:30am -11am Environmental Programme with CET
11:30am-1:30pm Healthy Minds
12:30pm-2:30pm Jewellery Making with Banu
5-7pm Youth club

Wednesday

9-10am Swimming at Handsworth Pool
Pre booking required
9:30-11:30am Sewing
9:30 - 11:30am Employability Programme
9:30-11:30am ESOL
12-1pm Basic Maths Skills
12:30-2:30pm Creative English
1:30-2:30pm Basic Maths Skills

Thursday

9:30am -11:30am Reading & Writing
9:30am -11:30am Step up to Democracy
12:30 -2:30pm Creative English
12:30-2:30pm Digital Skills
9:30am -3:30pm Advice & Guidance
5-7pm Homework Club

Friday

9:30am -11:30am Creative English
9:30am-3:30pm Advice & Guidance
5-7pm Youth Club

Saturday & Sunday

Saturday 12-1pm Badminton

Sunday 10:30am-3:30pm Youth Club

10:30am-12pm Netball

Sports Venue: Prince Albert High School

115 Holford Dr, Perry Barr, Birmingham B42 2TU



Our projects are supported by:





Important Dates

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September

📌 **Breathe Better Air Art Workshop**
Friday 27th September 9:30-11:30am

Bringing together all the data collected to showcase a piece of art!

October

📌 **Menopause Awareness**
Friday 10th October 9:30am-11:30am

Join us for an interactive workshop to raise awareness of support options available for improving health and wellbeing.

November

📌 **Anti-bullying week (Youth Only)**
Monday 11th November 5-7pm

Stand together, speak out, and stop bullying. Come along to talk about bullying and highlight ways of preventing and responding to it.
Choose Respect is the theme for 2024

December

📌 **End of year party** 🎉
Friday 20th December 9:30-11:30am

Celebrate the end of a vibrant year with food, colour and friendship!

Our projects are supported by:



NHS
Birmingham and Solihull
Mental Health NHS Foundation Trust



Are you interested in volunteering? We would love to hear from you!
Email Tiffany@saathihouse.org for more information

